EXCEL program

傑出劃

Spring 2023 二零二三年春季課程 (4/1-6/30)

* Memorial Day Weekend Recess (5/27 - 5/29, NO CLASSES)

國殤日假期(5月27日至5月29日,課程暫停)

Weekend In-Person Course for Children (12 weeks) 週末儿童課程 (共12週)



Creative communications & computer Basic

電腦基礎與創意溝通



Dance & Fitness 有氧舞蹈與健身

Saturday 2pm - 4pm, \$342 for 2 courses, \$180 for 1 course. 每週六下午2點至4點, 2個課程\$342, 1個課程\$180。

Weekend Course for Young Adults (12 weeks) 週末青少年課程 (共12週)



Communications & Technology LV. 1

初級科技與溝通

(Online Class網絡課程)

10am - 11:30am • \$180



Drama Station

戲劇舞台

(Hybrid Class 現場及網絡同步授課)

* Instructor teaches hybrid class via zoom.

12pm - 2pm • \$240



Communications & Technology LV. 2 中級科技與溝通

(Hybrid Class 現場及網絡同步授課)

* Instructor teaches hybrid class at the center.

3pm - 4:30pm • \$180

Monthly In-person Social Zumba Party 每月尊巴舞派對



Join the healthy dance party with US on the 2nd Wednesday of each month (Apr 12, May 10, June 14), from 4:30pm to 6pm.

每月第二個星期三 (4月12日,5月10日,6月14日) 下午4點30分至6點 一起來中心參加免費舞蹈派對!

EXCEL is a program for children, teens, and young adults that provides meaningful support through recreational and educational activities for individuals and families of all abilities. It's based on the belief that all individuals have unique talents and gifts and can EXCEL if they receive appropriate amount of support and nurturance. Classes offered by EXCEL are taught in an inclusion model.

傑出計劃建立在「每個人都有獨特的天賦和才能,只要給予適當的支持和培養,就能出類拔萃」的信念之上,旨在為各种不同能力的兒童、青少年、年輕人及其家庭成員提供富有娛樂性和教育性的活動及課程,所有課程為融合教學模式。如果你的家庭因經濟困難無法全額支付學費,我們將根據情況減免學費。