



What people are saying about **University Settlement's Blended Case Management Program**



"This program has truly been like a second family to me. My worker has supported me through the toughest times of my life as I lived through child abuse, neglect and failing in school. As I now head off to college, I will take all the skills I have learned."

—Young Adult

"Working with the case manager helped me understand the diagnosis of my child and how I can help him."

—Parent

"I felt comfortable working with my case manager because she spoke my language and understood my family's culture."

—Parent

"The program staff has enormous expertise in supporting families to move out of very troubled situations. More importantly, they unfailingly work with a sense of humanity, warmth and respect."

—Roberta Schafter PhD, LCSW
Greenwich House Children's
Safety Project



All quotations are from June 2009.



Who We Are

University Settlement has been helping low-income and immigrant families to build better lives for **125 years**.

Today, University Settlement offers many free programs to meet the needs of every member of a family.

For young children: Early Head Start; pre-school classes for children ages 2 to 5; therapy for children with special needs.

For school-age children: After-school and summer programs; crisis intervention for children with urgent needs; supportive services for teens.

For adults: Literacy classes; counseling and mental health services; childcare training and referrals.

For seniors: Recreation and lifelong learning opportunities; nutritious meals.

For the whole family: Recreational and educational opportunities at our community centers on the Lower East Side and in Fort Greene. Arts and culture programs at our historic home on Eldridge Street.



University Settlement
184 Eldridge Street
New York, NY 10002

www.universitysettlement.org

Empowering Youth and Families

■ **Blended Case Management**
Home-based mental health services for children and adolescents



Intensive and supportive case management for families with a child at risk of psychiatric hospitalization or out-of-home placement.

University Settlement's Blended Case Management program aims to

- Help high-risk youth with a psychiatric diagnosis stay at home with their families
- Minimize the necessity for and frequency of psychiatric hospitalization
- Ensure the coordination and continuity of quality care
- Reduce stress and enhance the relationship between parent and child

How We Work Together

Our highly-trained case managers use a team approach to develop a comprehensive, effective plan for each client. Working together with the family and other service providers, we ensure the coordination and delivery of treatment and supportive services within each client's community. Services can be short- or long-term, depending on a family's needs.

Our integrated and comprehensive approach includes

- Assessment for unmet needs
- Planning and coordination of services
- Crisis assistance and intervention
- Counseling
- Mediation
- Home visits
- Family support and empowerment
- Linkage to community-based programs
- Education to improve daily living skills
- Mental health and entitlements advocacy
- Educational advocacy and support services
- 24 hrs / 7 days a week emergency assistance via phone

Our Staff

Our case managers are trained and certified in case management by the New York State Department of Health and Mental Hygiene. They are also distinguished by their expertise in working with mentally ill children who have experienced sexual abuse.

Eligibility

- Children and youth 5 to 17 years of age
- Proof of Axis I psychiatric diagnosis (ADHD, Depression, Conduct Disorder, etc.)
- Psychosocial and medical evaluation within the past year

To find out if University Settlement's Blended Case Management program is right for you, call us today at 212.864.2007.

For More Information:

Blended Case Management Program at University Settlement
212.864.2007

bcm@universitysettlement.org

The BCM program is funded through the NYS Office of Mental Health and the NYC Department of Health and Mental Hygiene.

Services are available in English, Spanish, Cantonese and Mandarin.