

# Getting it right, from the Start!

## University Settlement Early Head Start:

Free services for pregnant women and families with children under age 3.

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- Pre- and post-natal education, screenings and referrals
  - Health, safety, nutrition and mental health services
  - Developmental assessments and screenings for children
  - Early learning classroom-based sessions for infants and toddlers
  - Parent education and support groups
  - Parent-child socialization groups
  - Special needs education and referrals, full inclusion of children with special needs
  - Home-visiting services to support healthy family development
  - Social service advocacy and referrals
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**University Settlement Early Head Start**  
184 Eldridge, New York, NY  
P: 212-453-4511 or 212-453-4581  
E: [earlyheadstart@universitysettlement.org](mailto:earlyheadstart@universitysettlement.org)

[www.universitysettlement.org](http://www.universitysettlement.org)



**Services available in English, Mandarin, Cantonese and Spanish. Enroll today!**



# You are your child's first and most important teacher.

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**At University Settlement's Early Head Start Program, parents are true partners.**

Together we work to design an effective plan to support the positive growth and development of children under age 3.

## **Parents and children receive**

- 2 home visits per month (90 minutes each)

And either:

- Parent-child socialization groups each Friday (90 minutes) OR
- Infant/toddler classroom groups 2 times a week (either Mon&Wed or Tues&Thurs 8:30 a.m. - 12:00 p.m. or 1:00 - 4:30 p.m.)

## **Eligibility & Cost**

- Services are **free** for those who are eligible.
- To be eligible, you must be low-income (100% Federal Poverty Guidelines) and reside in the Lower East Side or Chinatown communities.
- We have a few priority slots for children with special needs and high risk families who do not meet the income requirements.

**Call today! 212-453-4511 or 212-453-4581**

Funding for Early Head Start is received through the Department of Health and Human Services Administration for Children and Families - Office of Head Start.