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HOUSTON STREET CENTER NEWS AND EVENTS

JUNE 2007

273 BOWERY / 212-475-5008 / www.universitysettlement.org



UPCOMING PROGRAMS

University Settlement Community Swim!

Open to All Ages

From June 9th to June 30th
Saturdays, 2 pm to 5 pm (three one-hour sessions)
From July through August
Tuesdays and Thursdays, 5 pm to 6 pm

Reservation tickets:

Children under 18 - \$2

Adults - \$3

Older Adults (60 years+) - \$1

Registration Procedure: Enrollment forms and reservation tickets are available at the University Settlement desk.

Swim Policy Highlights: Children must be accompanied by an adult; you must bring bathing suits, towels, swim caps* and lock* (*These can be purchased at the University Settlement desk). Complete policy information will be distributed upon enrollment

Call 212-475-5008 for more information.



STRIDE Middle School Program

The STRIDE Youth Program is a free, community-based program for young adolescents, ages 11-14, from the Lower East Side and Chinatown communities. Program activities include: Tutoring, Academic Enrichment Workshops, Nutrition workshops, Swimming, Basketball, Martial Arts, Creative and Performing arts, Community Service Projects, Leadership Projects, and much more!

Summer program (Tuesdays, Wednesdays and Thursdays, 2 pm to 5 pm), starts July 10th. Sign up now for full school-year program that starts in September. More information to follow!

Contact Lisa Kwock, Assistant Director, for more information at 212-475-5008 or lisak@universitysettlement.org.



AFFORDABLE SPACE RENTALS

Do you need room for meetings, classes, program activities, workshops and conferences, theater and dance rehearsals but cannot find or afford local spaces?

University Settlement at the Houston Street Center offers brand new, state-of-the-art, fully accessible facilities equipped with high-speed wireless internet, with rates beginning as low as \$25/hour! We are conveniently located at [273 Bowery](#) at the corner of Houston Street (Avalon Chrystie Place).

Spaces Include:

- [Classrooms](#),
- [Seminar Rooms](#),
- [Multi-Purpose Rooms](#),
- [Dance Studio](#), &
- [Gymnasium](#).

For more information please contact:

University Settlement at 212-475-5008 or houstonstreetcenter@universitysettlement.org.

Or, check out our [website](#) for a space application.



COMMUNITY GROUPS AND PROGRAMS

The Houston Street Center is a unique community facility with a lot going on every day --- from University Settlement's educational and recreational programs for tots, youth, families and seniors, to thousands of YMCA members coming in to get fit and stay healthy. We're proud to be the community's living room, classroom, and rec room, and much of the excitement here comes from hosting teachers and organizations that provide a wide range of programming. Here's some of what's happening in June and beyond.

NEW! Itsy Bitsy® Yoga Class by Aly Contreras.

Mondays, June 4, 11, 18, 25, 3:00 pm - 4:00 pm

For parents with infants 3-weeks to pre-crawling, help your baby sleep better, digest easier, and stay healthier!

Four-week session includes more than 75 developmentally nutritious poses and nurtures the bonds between parents and babies. Contact Aly at alyfc33@gmail.com or 917-715-6447 to register.

A Lucky Dog

Professional Dog Walkers and Pet Sitters

Wednesday, May 30, 2007, 9:30 am - 12:00 pm

Thursday, May 31, 2007, 9:30 am - 4:00 pm

Friday, June 1, 2007, 9:30 am - 3:00 pm

Have you ever considered a career in Professional Pet Care? A Lucky Dog is hiring in Manhattan. If you love dogs and want a flexible schedule, then you can join A Lucky Dog! Interviews take place at the Houston Street Center.

For more information contact carole@aluckydog.com or 917-414-5137. www.aluckydog.com

NEW! FinishIt! Novel Writing for Beginners and Acute Procrastinators

Tuesdays, June 5, 12, 19 & 26, 6:45 pm -9:45 pm,
OR

Thursdays, June 7, 14, 21, & 28, 6:45 pm - 9:45 pm

George Jordan's four-week series is designed to help people get over the initial fears and other road blocks of writing their book, and just do it! Jordan is the author of a newly released debut novel, *That Moment When*, which is about the choices we all make and how they affect not only ourselves but everyone around us (available at Borders and Amazon.com). Contact him at gkjwriter@gmail.com to sign

NEW! Writing Classes with Elizabeth Merrick

Tuesdays, June 5, 12, 19, & 26, 8 pm - 10 pm

For artists, writers, entrepreneurs . . . learn how to create, survive in NYC, and be happy! As seen locally at Lolita Bar on Broome and Allen Streets. Go to www.elizabethworkshops.com to learn more and find out how to sign up for this four-week class. Sliding scale rates available.

up for a class. \$100 for four classes; assistance for those in "financial straits."

Creative Health Solutions

Introduction to Family Constellations
Sunday, June 3, 12:00 pm - 4:00 pm.

This introduction to Family Constellations is an open workshop where participants can explore and resolve genetic resonance issues. For more information, visit www.creativehealthsolutions.org or contact roberta@creativehealthsolutions.org or call 973-951-2712.

The Creative Center: Arts in Healthcare

The Creative Center provides free arts classes to people living with cancer and other chronic illnesses. June classes held at the Houston Street Center include:

Mixed Media
Tuesdays, June 5, 12, 19, 26. 1:00 pm - 3:00 pm

Stuffed Canvas Painting
Wednesdays, June 6, 13, 20, 27. 6:00 pm - 8:00 pm

Art of Greeting Cards
Thursdays, June 7, 14, 21, 28. 6:00 pm - 8:00 pm

For registration or more information please call the Creative Center at 646-465-5313 or check out their website <http://www.thecreativecenter.org>

Screenwriting with Ela Thier

9-week Course
Tuesdays from June 5th to July 31st, 7:00 pm - 9:30 pm

Join well-regarded teacher and prolific writer Ela Thier for this 9-week course. Their's scripts were selected in 2005 and 2006 for the IFP Market, and she currently has six scripts circulating among independent and Hollywood producers. Contact her directly to sign up, ela.thier@gmail.com, or visit her website, <http://elathier.info> for more information.

Downtown Spectrum Parent Support Group

Wednesday, June 13, 10 am - 12 pm
(2nd Wednesday of each month)

Downtown Spectrum Parent Support Group addresses everything about schools, therapists, treatments, research, advocacy, conferences, recreation, and our daily lives in New York City. The focus is children with autism spectrum disorders, but any parent of a special needs child is welcome! For more information, e-mail lynn_decker@mac.com Suggested donation.

Mediabistro.com

Mediabistro.com offers classes to professionals in media to improve their media skills and meet other people in their field. Many courses are held at the Houston Street Center. For more information on courses, please call 212-929-2588 or visit www.mediabistro.com/courses.

Dance and Fitness Classes for Adults

Mondays & Wednesdays, 9:30 am - 11:00 am
Tuesdays & Thursdays, 8:15 am - 9:45 am

Join Naomi Goldberg-Haas for these great and fun basic fitness classes for adults in their prime years! Come in for a free sample class, or call 212-865-4267 for more information.

Children's Creative Movement Classes by Rosie Lanziero

Classes last 12 weeks from late April to early July, 2007
Tuesdays, 3:30 pm - 4:30 pm
Saturdays, 1:00 pm - 2:00 pm

Through the use of stories, props, drumming, poetry and EVERY style of music, Rosie finds out what it is that makes each child feel comfortable enough to do their thing! To find out more info and summer class session schedules, check out her website: <http://www.sweetsoulmovement.com> or contact her directly at 212-254-0454 or 917-254-9748.

Informal Hypnosis Practice Group

Thursdays, June 7, 14, 21, & 28. 7:15 pm - 9:15 pm

This group provides those training to become hypnosis practitioners with some "hands on" practice with others. Organized through meetup.org. redapplesonly@mail.com

Community Board 3: Con Edison Environmental Settlement Fund Subcommittee

Wednesday, June 20, 7:00 pm

Agenda: 1. Next steps, Greening Lower Manhattan East initiatives. 2. RFP process and alternative uses to fuel switching of settlement fund. 3. Update, Greening A Block, Asthma Free School Zone, Con Ed response. For more information, visit www.cb3manhattan.org. Free and open to the public.



COMING IN JULY!

Smart Experience - Continuing Education for the IT Field

Tuesday, July 10, 7:00 pm - 9:00 pm

Thursday, July 12, 7:00 pm - 9:00 pm

Tuesday, July 17, 7:00 pm - 9:00 pm

Smart Experience is an independent school offering classes on state-of-the-art topics to working professionals in the Internet, mobile, and software fields. SmartEx believes working professionals know best where the industry is headed, so they create a marketplace where students request classes and teachers can invent new classes. Fees are \$30 per class hour, but in order to increase diversity in the Internet industry, Smart Experience offers free classes to low-income students. Contact victor@smartexperience.org or see <http://smartexperience.org> for registration and other information.

NEW! The New York Flamenco Meetup Group

Saturday, July 14, 2:00 pm - 4:00 pm

This educational and entertaining class will explore the history and evolution of flamenco music and song, describing its various forms and rhythms. The audience will hear lively demos by the lecturer/vocalist (a native of Andalusia, Spain), accompanied by guitar. Discount tickets are \$20 each. Contact ahead for tickets: sallyg123456@yahoo.com.

COMING IN AUGUST!

4th National Asian Pacific Islander American Spoken Word and Poetry Summit:

"first there was the word, then there was the fist"

Saturday & Sunday, August 4- 5

The mission of the summit is:

- To establish a national network of progressive artists involved in the APIA community
- To challenge the often peripheral and passive roles the artist is branded within the APIA community and the arts community at large
- To acknowledge the arts as a critical, elemental component in building, empowering and transforming our community and ourselves

For more information, email apiasummit@gmail.com

Are you interested in Teaching a Class or Starting a Program?

There are many ways to get involved at the Houston Street Center. Make the most of your interests and talents by sharing them with your community!

To share ideas, please call Center Director, Arnie Angerman at (212) 475-5008.

PARTNERS IN FUN, LEARNING AND BUILDING COMMUNITY

Along with the above events and classes, University Settlement at the Houston Street Center thrives and grows through many creative partnerships.

This spring the National Book Foundation and Bloomberg paired our STRIDE Middle School

program with author Terrence Cheng for the "Book Up!" project to foster the love of reading. Ten dedicated students learned from and taught something to Terrence through weekly book groups and field trips to reading "hot spots" in New York City. Terrence is an assistant professor at Lehman College and author of Sons of Heaven and the just released Deep in the Mountains (check out www.tcheng.net or Barnes and Noble). Thank you, Terrence!



Check out the new artwork hanging in the lower level of the Center! The mural near the elevators was created by children and families working with artist Ahmed Faheem and The New Museum in their Spring Family Day. The New Museum will soon be our neighbor on The Bowery. The next Family Day is July 28th --- more information to come! We are also thrilled to have gorgeous original artwork donated by The Creative Center and their students, our new neighbor in the building. Thank you!

Parents and children in University Settlement's Downtown Adventures program enjoyed three complimentary classes at Whole Food's new Culinary Center in May. Making pizza, cupcakes, parfaits, and other artistic creations just upstairs from the Houston Street Center, everyone had a great time and ate well! Thank you, Whole Foods!

Volunteer Opportunities at the Houston Street Center

Find out how you can serve the community! Please contact **Lisa Kwock, Assistant Director, at 212.475.5008** for information on the following volunteer needs:

- General volunteers needed for administrative tasks, outreach, and program development.
- Volunteers fluent in Cantonese, Mandarin, and/or Spanish are needed. Translation assistants will direct participants to classes and programs throughout the day and assist with concerns or inquiries at our front desk.
- Computer Lab Assistants are needed to help older adults in the Senior HeART program with technological tasks in the computer lab and also to run an open computer lab for general community members. Prior computer experience needed.
- Volunteers needed to teach Chinese Language (Mandarin and Cantonese) and Yoga.

Minimum of 2 hours per week required

Chinatown YMCA

Our partner in the Houston Street Center, the Chinatown YMCA, offers memberships, classes, and community programs. For information, contact them directly at 212-912-2460.

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